Name: Stephanie Williams

Grade Level: K

Subject/Concept: Levels Duration of lesson: 30 min

Day 1 Day 2 Objectives/Benchmarks: **Cognitive**- TSWBAT comprehend the concepts of moving in directional ways 2-P-3.1 Recognize the locomotor skills of walk, run, jump, hop, gallop, levels and pathways when demonstrated. **Psychomotor-** TSWBAT move on different levels using different locomotor skills. 1-P-1.2 Demonstrate correct form for the locomotor skills of walk, run, jump, hop, and gallop. 1-P-1.3 Demonstrate selected elements of space awareness movement concepts for levels and directions, such as low, medium, high, up/down, forward/backward, right/left, clockwise/counter-clockwise. **Affective-** TSWBAT follow all directions and instructions with little reinforcement 5-P-1.1 Follow rules, directions, and procedures from the instructor with reinforcement. Procedures: 1. Warm up: "I see" 2. Move through curvy, straight, zigzag lines 3. Explain low level (animalssnake), medium level (animalsbear, dog), and high level (giraffe, bird) 4. Have students move on different lines and at different levels 5. Name animals that would be a

low, medium, and high levels

6. Put all materials back up,
clothespin up, and line up on
green line

Individual differences

Identified 504 students preferential seating and repeated directions. APE comes for all students with identified disabilities

Materials

iPad Music Player Cones

Evaluation

Visual assessment of students.

1st Grade

Day 1 Day 2

Objectives/Benchmarks: **Cognitive-** TSWBAT identify the different skills used in striking with an implement

2-P-3.3 Identify major characteristics of the basic manipulative skills of throw (using underhand, sidearm, or overhand), catch, kick, and strike (using underhand, sidearm, or overhand).

Psychomotor- TSWBAT strike an object in an upward motion using an extension from body continuously 1-P-3.5 Strike an object upward continuously while using a variety of body parts and/or equipment.

Affective- TSWBAT follow directions given by teacher with little

Objectives/Benchmarks: **Cognitive-** TSWBAT identify the different skills used in striking with an implement

2-P-3.3 Identify major characteristics of the basic manipulative skills of throw (using underhand, sidearm, or overhand), catch, kick, and strike (using underhand, sidearm, or overhand).

Psychomotor- TSWBAT strike an object in an upward motion using an extension from body continuously 1-P-3.5 Strike an object upward continuously while using a variety of body parts and/or equipment.

Affective- TSWBAT follow directions given by teacher with little

reinforcement 5-P-1.1 Follow rules, directions, and	reinforcement 5-P-1.1 Follow rules, directions, and
procedures from the instructor with	procedures from the instructor with
little reinforcement.	little reinforcement.
Procedures:	Procedures:
7. Warm up:	1. Warm up:
8. Safety of paddle- put paddle	2. Review how to hold a paddle
down when going get the balloon	3. "What if" scenarios
9. Explain why we use extension-	4. Directional hitting- hit, paddle
more control	down, retrieve balloon
10. Show parts of a paddle- head,	5. Partner hitting- two hand pass
face, neck	from one partner, hit, then catch
11. How to hold a paddle	6. Back to back hitting
12. Walk with balloon while	7. Put all materials back up,
balancing it	clothespin up, and line up on
13. Practice striking with palm up,	green line
palm down	
14. Put all materials back up,	
clothespin up, and line up on	
green line	

Individual differences

Identified 504 students preferential	Identified 504 students preferential
seating and repeated directions. APE	seating and repeated directions. APE
comes for all students with identified	comes for all students with identified
disabilities	disabilities

Materials

iPad	iPad
Music Player	Music player
Wooden Paddle	Wooden Paddle
Balloons	Balloons

Evaluation

Visual assessment of students.	Visual assessment of students.

Day 1	Day 2
Objectives/Benchmarks: Cognitive- TSWBAT remember how to kick the ball using proper form: inside of the foot and step in opposition 2-E-2.2 Recognize proper techniques for a variety of fundamental skills while practicing with a partner. Psychomotor- TSWBAT trap the soccer ball and kick the ball back to their partner 80% of the time 1-E-3.1 Identify and demonstrate the critical elements for manipulative skills. (i.e. catch, kick, dribble, strike, volley, and, throw). Affective- TSWBAT comply with rules throughout the whole class, in groups and individual work. 5-E-2.2 Comply with rules and procedures during grade appropriate group and individual activities.	
Procedures: 1. Warm up: 2. Teach students how to trap the ball. 3. Work on touches, partner passing with trapping 4. Start move to kick a stationary ball: step, plant, swing, kick 5. Stationary kicking with partner 6. Put all materials back up, clothespin up, and line up on green line Individual differences	
Identified 504 students preferential seating and repeated directions. APE	

comes for all students with identified	
disabilities	
Materials	
iPad	
Music Player	
Poly spots	
Soccer balls	
Cones	
Evaluation	
Visual assessment of students.	

3rd Grade

Day 1 Day 2

Objectives/Benchmarks:
Cognitive- TSWBAT remember how to kick the ball using proper form: inside of the foot and step in opposition
2-E-2.2 Recognize proper techniques for a variety of fundamental skills while practicing with a partner.

Psychomotor- TSWBAT trap the soccer ball and kick the ball back to their partner 80% of the time 1-E-3.1 Identify and demonstrate the critical elements for manipulative skills. (i.e. catch, kick, dribble, strike, volley, and, throw).

Affective- TSWBAT comply with rules throughout the whole class, in groups and individual work.
5-E-2.2 Comply with rules and procedures during grade appropriate group and individual activities.

Procedures: 1. Warm up: 2. Teach students how to trap the 3. Work on touches, partner passing with trapping 4. Start move to kick a stationary ball: step, plant, swing, kick 5. Stationary kicking with partner 6. Put all materials back up, clothespin up, and line up on green line Individual differences Identified 504 students preferential seating and repeated directions. APE comes for all students with identified disabilities Materials iPad Music Player Poly spots Soccer balls Cones Evaluation Visual assessment of students.

5th Grade

Day 1 Day 2

Objectives/Benchmarks:	Objectives/Benchmarks:
Cognitive- TSWBAT identify the proper	Cognitive- TSWBAT identify the proper
form of throwing while practicing with a	form of throwing while practicing with a
partner	partner
2-E-2.2 Identify proper techniques for a	2-E-2.2 Identify proper techniques for a

variety of fundamental skills while practicing with a partner

Psychomotor- TSWBAT throw overhand using proper form 80% of the time

2-E-2.1 Apply mature form for manipulative skills that include striking, volleying, dribbling, kicking, throwing, and catching (use critical elements).

Affective- TSWBAT work cooperatively with partner while the teacher is working with individual students 5-E-4.2 Demonstrate cooperation with a partner or others in a group in order to achieve successful participation

variety of fundamental skills while practicing with a partner

Psychomotor- TSWBAT throw overhand using proper form 80% of the time

2-E-2.1 Apply mature form for manipulative skills that include striking, volleying, dribbling, kicking, throwing, and catching (use critical elements).

Affective- TSWBAT work cooperatively with partner while the teacher is working with individual students 5-E-4.2 Demonstrate cooperation with a partner or others in a group in order to achieve successful participation

Procedures:

- 15. Warm up: Elbow Tag
- 16. Pre-Assessment of overhand throwing
- 17. Partner throwing while I am assessing
- 18. Teach the basic steps of throwing: make a T, lead with hand, close to the ear, follow through across body
- 19. Begin throwing, using proper form, to partner
- 20. Put all materials back up, clothespin up, and line up on green line

Procedures:

- 8. Warm up: Freezemania Throw and catch
- 9. Finish assessing students if needed
- 10. Review throwing concepts
- 11. Target throwing with hula-hoop
- 12. Throwing the ball to a person while in a circle. Add multiple balls in if ready
- 13. Put all materials back up, clothespin up, and line up on green line

Individual differences

Identified 504 students preferential seating and repeated directions. APE comes for all students with identified disabilities

Identified 504 students preferential seating and repeated directions. APE comes for all students with identified disabilities

Materials

iPad	iPad
Music Player	Music player
Big softballs	Hula-hoop
	Big softballs

Evaluation

Pre-assessment test	Visual assessment of students.
Visual assessment of students.	