## Specialist Weekly Lesson Plan Form

| Teacher: Lori Wells | Date: October 3- 7, 2016 |
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| Subject: Physical education |  |
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| Objectives | Activities/Materials | Assessment |
| :---: | :---: | :---: |
| Kindergarten <br> * Demonstrate an awareness of personal and general space while moving in different directions. <br> *Demonstrate the ability to catch a tossed ball using the hands and/or body. <br> *Performs locomotor and non-locomotor skills at a basic level, progressing to simple sequences utilizing shapes, levels, directions, pathways, and ranges | Kindergarten <br> - Musical Hoops <br> - color game <br> - Tossing <br> Focus: Palm up, stepping in opposition | Kindergarten: |
| First Grade: <br> *Demonstrate all locomotor skills (walk, run, leap, jump, hop, slide, gallop, and skip). <br> *Demonstrate control in balancing and locomotor movement activities. | First Grade: <br> - Locomotor skills using maipulative apparatus <br> - Continue patterns <br> - integrated learning- weather: Creating a Storm using ribbons | First Grade: <br> - teacher observation |
| Second Grade: <br> * Demonstrate control in traveling, weight bearing, weight transfer, and balancing activities. <br> *Balance on one, two, three, and four body parts on the ground and on objects. <br> *Demonstrate balance in symmetrical and nonsymmetrical shapes from different basis of support | Second Grade: | Second grade: <br> ** mini production piece |
| Third Grade: | Third Grade: | Third Grade: |




