

Specialist Weekly Lesson Plan Form

Teacher: Lori Wells	Date: March 6-10, 2017
Subject: Physical Education	

Objectives	Activities/Materials	Assessment
<p>Kindergarten</p> <p>Benchmark 1-P-1: Performs locomotor and non-locomotor skills at a basic level, progressing to simple sequences utilizing shapes, levels, directions, pathways, and range</p> <p>Benchmark 1-P-3: Performs manipulative skills using a variety of equipment in different environmental conditions</p>	<p>Kindergarten</p> <ul style="list-style-type: none"> • manipulative stations • locomotor stations 	<p>Kindergarten:</p> <ul style="list-style-type: none"> • locomotor checklist • student participation • teacher observation
<p>First Grade:</p> <p>1-P-1.2 Demonstrate clear contrasts between slow and fast movements traveling in different directions and in personal and general space without bumping into others or falling.</p> <p>1-P-3.4 Move to approach a stationary ball and kick it.</p>	<p>First Grade:</p> <p>Sports TimeLine</p> <p>Soccer:</p> <p>Kicking a stationary Ball form a stationary position</p> <p>Moving to kick a stationary ball</p> <p>Moving to kick a moving ball</p>	<p>First Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>Second Grade:</p> <p>1-P-2.1 Balance on one, two, three, and four body parts on the ground and on objects. 1-P-2.2 Demonstrate balance in symmetrical and non-symmetrical shapes from different basis of support. 1-P-2.3 Jump from a variety of elevations and land</p>	<p>Second Grade:</p> <ul style="list-style-type: none"> • Manipulative Stations • Concepts for group balance <p>Counter tension Counter balance suspension</p>	<p>Second grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation

<p>using mature form (balanced knees and ankles flexed, absorbing force). 1-P-2.4 Demonstrate control in traveling, weight bearing, weight transfer, and balancing activities. 1-P-2.5 Demonstrate simple stunts that exhibit personal agility such as jumping, one and two foot takeoffs, and landing with good control.</p>		
<p>Third Grade:</p> <p>Benchmark 7-E-3: Participates enthusiastically in independent and interactive physical activities.</p>	<p>Third Grade:</p> <p>Mini Production</p>	<p>Third Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>Fourth Grade:</p> <p>Benchmark 1-E-2: Combines a variety of motor skills for specific sports with a stationary and/or moving partner.</p>	<p>Fourth Grade:</p> <ul style="list-style-type: none"> • weather permitting-- running form Relay with baton exchange • incimate weather-- crab soccer, overhand throw 	<p>Fourth Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>Fifth Grade:</p> <p>Benchmark 2-E-2: Applies critical elements to improve personal performance in fundamental and selected specialized motor skills</p>	<p>Fifth Grade:</p> <p>Game (play) vs. Sport</p> <ul style="list-style-type: none"> • Create- A- Game 	<p>Fifth Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>Other:</p> <p>Fitness Meet Tuesday, March 7 at Broadmoor High School</p>		<p>Technology Integration</p>
<p>Accommodations/Modifications/ Differential Instruction:</p>		

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