

Specialist Weekly Lesson Plan Form

Teacher: Lori Wells	Date: January 30- Feb 2
Subject: Physical Education	

Objectives	Activities/Materials	Assessment
<p>Kindergarten</p> <p>7-P-3.1 Willingly choose new activities in which to participate when given several options. 7-P-2.2 Develop and demonstrate positive attitudes towards physical activity. 4-P-3.1 Demonstrate sufficient muscular strength by supporting body weight in various Activities 1-P-2: Demonstrates ways to manage body weight in a variety of situations alone or within a group</p>	<p>Kindergarten</p> <ul style="list-style-type: none"> Winter Olympics Skeleton, luge, biathlon, speed skating 	<p>Kindergarten:</p> <p>student participation teacher observation</p>
<p>First Grade:</p> <p>1-P-1.4 Distinguish between straight, curved, and zigzag pathways while traveling in various ways. 1-P-3.6 While stationary, dribble a ball continuously using the preferred hand.</p>	<p>First Grade:</p> <ul style="list-style-type: none"> bounce 7 catch , dribble (personal and general space) 	<p>First Grade:</p> <p>student participation teacher observation</p>
<p>Second Grade:</p> <p>1-P-1.2 Demonstrate locomotor skills combining two or more while using different levels,</p>	<p>Second Grade:</p> <ul style="list-style-type: none"> striking an object with an extension 	<p>Second grade:</p> <p>student participation teacher observation</p>

<p>tempo, directions, and pathways</p> <p>1-P-2.4 Demonstrate control in traveling, weight bearing, weight transfer, and balancing</p> <p>Activities</p> <p>1-P-3.6 Strike an object using a long-handled implement</p>		
<p>Third Grade:</p> <p>1-E-1.1 Demonstrate and understand the spatial awareness movement concepts (e.g., personal space, general space and boundaries) in individual/partner activities and group</p> <p>2-E-1: Integrates movement concepts with other content areas (e.g., measuring distances and timing races or events)</p>	<p>Third Grade:</p> <ul style="list-style-type: none"> • Conditioned Alien creation Focus: center of gravity, balance, critical thinking, non locomotor skills (bend, twist, sway, etc), counter tension 	<p>Third Grade:</p> <p>Written project</p>
<p>Fourth Grade:</p> <p>Identifies several moderate to vigorous physical activities that provide personal pleasure</p> <p>4-E-4.1 Identify health-related fitness components to enhance throughout the school year.</p>	<p>Fourth Grade:</p> <ul style="list-style-type: none"> • Circulatory system • Begin group project 	<p>Fourth Grade:</p> <p>group project</p>
<p>Fifth Grade:</p> <p>1-E-1.1 Apply spatial awareness movement concepts for location (e.g., personal space, general space and boundaries) while demonstrating basic game play strategies in individual and group activities.</p> <p>1-E-1.2 Apply directional awareness movement concepts and pathways using strategies in individual and group activities.</p>	<p>Fifth Grade:</p> <ul style="list-style-type: none"> • Muscle Math • Floor hockey 	<p>Fifth Grade:</p> <p>student participation teacher observation</p>

1-E-1.3 Consistently apply mature form and function of all space awareness movement concepts and pathways using strategies in individual and group activities

1-E-1.4 Apply mature form and function to all space awareness movement concepts for levels, such as low, medium, and high with mature forms of selected fundamental motor skills in controlled settings.

1-E-1.5 Apply relationship awareness concepts using strategies in individual and group settings (i.e. 6-8) using people and objects.

1-E-1.6 Exhibit smooth transitions, while combining locomotor sequences and manipulative skills individually or group settings

1-E-1.7 Exhibit smooth transitions from locomotor to non-locomotor while combining fundamental skills and movement concepts).

2-E-1.1 Identify with a partner or group through cooperative learning, subjects integrated in a specific activity and explain how it is integrated (e.g., walking using pedometers, calculating steps/mile, time; measuring heart rate with monitor

Other:

Technology Integration

Ipads
Video presentation

Accommodations/Modifications/ Differential Instruction:

