

Specialist Weekly Lesson Plan Form

Teacher: Lori Wells	Date: February 6- 10
Subject: Physical Education	

Objectives	Activities/Materials	Assessment
<p>Kindergarten</p> <p>1-P-1.1 Demonstrate an awareness of personal and general space while moving in different directions. 1-P-3.6 Demonstrate the ability to bounce a ball continuously using two hands</p>	<p>Kindergarten</p> <ul style="list-style-type: none"> • Manipulative Skills <p style="margin-left: 20px;">Bounce- Catch Dribble</p> <p>Charles Henry "Chuck" Cooper Nat "Sweetwater" Clifton Earl Lloyd Lynette Woodard</p> <p style="color: red;">short videos on first African American professional Basketball</p>	<p>Kindergarten:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>First Grade:</p> <p>1-P-1.2 Demonstrate clear contrasts between slow and fast movements traveling in different directions and in personal and general space without bumping into others or falling. 1-P-1.3 Demonstrate selected non-locomotor skills (push, pull, bend, twist, stretch, turn)</p>	<p>First Grade:</p> <ul style="list-style-type: none"> • My Plate • cooperative groups • Sports Timeline *Dribbling Shooting 	<p>First Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation
<p>Second Grade:</p> <p>1-P-3.5 Strike an object upward continuously while using a short-handed paddle or racket. 1-P-3.6 Strike an object using a long-handled implement (e.g.,</p>	<p>Second Grade:</p> <p style="text-align: center;">Striking using an extension</p> <ul style="list-style-type: none"> • Parts of a racquet 	<p>Second grade:</p> <ul style="list-style-type: none"> • student participation

underhand, sidearm, or overhand)	<p style="text-align: center;">Forehand Backhand Overhead</p>	<ul style="list-style-type: none"> • teacher observation
<p>Third Grade:</p> <p>1-E-2.1 Demonstrate a combination of two movement concepts while performing various skills (e.g., sliding while dribbling a ball in a curved pathway in general space, trap and pass, catch, pivot, and dribble a ball, volley ball with racquet/paddle while</p> <p>1-E-3.2 Manipulate a variety of objects with different sizes, shapes and weights. (i.e.; dribbling/throwing a tennis ball or. dribbling/throwing a basketball; volleying with a beach ball or. a volleyball; catching a football or. a yarn ball) with control (correct force, opposition). moving)</p>	<p>Third Grade:</p> <ul style="list-style-type: none"> • nutritional relay (my Plate) • Proper Passing and Shooting Form • 	<p>Third Grade:</p> <ul style="list-style-type: none"> • student participation • Performance Assessment
<p>Fourth Grade:</p> <p>2-E-1.3 Participate in low organized games/activities that include movement concepts and integrate with grade appropriate science concepts (e.g., force, friction, heart rate, body parts, body systems, center of gravity, leverage, nutrition).</p> <p>3-E-1.2 Identify the long-term impact of physical activity to one’s physical health.</p>	<p>Fourth Grade:</p> <ul style="list-style-type: none"> • Begin cardio project Aerobics vs Muscular Strength and Endurance 	<p>Fourth Grade:</p> <ul style="list-style-type: none"> • student participation • teacher observation • Group Project
<p>Fifth Grade:</p> <p>4-E-2.1 Participate in health-related fitness</p>	<p>Fifth Grade:</p> <ul style="list-style-type: none"> • Muscle Math • Muscular System Project 	<p>Fifth Grade:</p> <ul style="list-style-type: none"> • student participation

assessments and interpret personal results

- teacher observation

Other:

Field Trip to BRCC for the Debose Arts Festival

Technology Integration

Ipads
Short video on first African Americans in Sport

Accommodations/Modifications/ Differential Instruction:

Standards

PE.K.1-P-1.2, PE.K.1-P-3.1, PE.K.1-P-3.5, PE.K.1-P-3.6, PE.K.1-P-4.2, PE.K.2-P-1.1, PE.K.2-P-3.1, PE.K.2-P-3.2, PE.K.3-P-2.1, PE.K.4-P-1.1, PE.1.1-P-1.1, PE.1.1-P-1.2, PE.1.1-P-1.4, PE.1.1-P-1.6, PE.1.1-P-2.1, PE.1.1-P-3.1, PE.1.1-P-3.6, PE.1.1-P-4.2, PE.1.2-P-3.1, PE.1.2-P-3.2, PE.1.2-P-4.1, PE.1.3-P-2.2, PE.1.3-P-3.1, PE.1.5-P-1.1, PE.1.5-P-4.1, PE.1.5-P-4.2, PE.2.1-P-1.1, PE.2.1-P-1.2, PE.2.1-P-1.3, PE.2.1-P-2.1, PE.2.1-P-2.2, PE.2.1-P-2.4, PE.2.1-P-4.2, PE.2.2-P-1.2, PE.2.2-P-2.2, PE.2.2-P-3.2, PE.2.3-P-2.1, PE.2.5-P-1.1, PE.2.5-P-2.2, PE.2.5-P-3.1, PE.2.5-P-4.1, PE.3.1-E-1.2, PE.3.1-E-2.1, PE.3.1-E-2.2, PE.3.1-E-3.3, PE.3.1-E-4.1, PE.3.1-E-4.2, PE.3.2-E-1.1, PE.3.2-E-1.2, PE.3.2-E-4.1, PE.3.2-E-4.2, PE.3.2-E-4.3, PE.4.1-E-2.2, PE.4.1-E-3.2, PE.4.1-E-3.4, PE.4.2-E-1.1, PE.4.2-E-1.3, PE.4.2-E-2.1, PE.4.2-E-2.2, PE.4.2-E-2.3, PE.4.2-E-3.1, PE.4.2-E-3.2, PE.4.2-E-3.3, PE.4.2-E-3.4, PE.4.3-E-1.1, PE.4.3-E-1.2, PE.4.3-E-1.3, PE.4.3-E-2.1, PE.4.3-E-2.3,

PE.4.3-E-3.1, PE.4.3-E-3.2, PE.4.4-E-1.1, PE.4.4-E-1.2, PE.4.4-E-1.3, PE.4.4-E-1.4, PE.4.4-E-2.1, PE.4.4-E-3.1, PE.4.4-E-4.1, PE.4.4-E-4.2, PE.4.5-E-1.2, PE.4.5-E-2.1, PE.4.5-E-2.2, PE.4.5-E-3.3, PE.5.1-E-1.1, PE.5.1-E-1.2, PE.5.1-E-1.4, PE.5.1-E-2.1, PE.5.1-E-3.1, PE.5.1-E-3.2, PE.5.1-E-3.3, PE.5.1-E-3.4, PE.5.2-E-1.1, PE.5.2-E-1.2, PE.5.2-E-4.1, PE.5.2-E-4.2, PE.5.2-E-4.3, PE.5.3-E-1.1, PE.5.3-E-1.2, PE.5.3-E-1.3, PE.5.3-E-2.1, PE.5.4-E-1.1, PE.5.4-E-1.2, PE.5.4-E-1.3, PE.5.4-E-1.4, PE.5.4-E-1.5, PE.5.4-E-2.1, PE.5.4-E-3.1, PE.5.4-E-3.2, PE.5.4-E-4.1, PE.5.4-E-5.1, PE.5.5-E-1.2, PE.5.5-E-2.2, PE.5.5-E-2.3, PE.5.5-E-2.4, PE.5.5-E-3.1, PE.5.5-E-3.2, PE.5.5-E-3.3, PE.5.5-E-4.1