

Specialist Weekly Lesson Plan Form

Teacher: Lori Wells	Date: December 5-9 2016
Subject: Physical Education	

Objectives	Activities/Materials	Assessment
Kindergarten PE.K.1-P-3.4 - - Demonstrate the ability to kick a stationary object. PE.K.1-P-1 - Performs locomotor and non-locomotor skills at a basic level, progressing to simple sequences utilizing shapes, levels, directions, pathways, and ranges. PE.K.1-P-2.1 -Maintain balance on preferred and non-preferred leg in a variety of positions and levels for a minimum of five seconds.	Kindergarten <ul style="list-style-type: none"> Force: light vs strong 	Kindergarten: Teacher observation Student Participation
First Grade: PE.1.7-P-3.1 - Show signs of excitement and willingly participate when exposed to new activities, skills, and movements.	First Grade: <ul style="list-style-type: none"> Striking Skills using an extension 	First Grade: Teacher observation Student Participation
Second Grade: PE.2.1-P-3.7 -- Dribble a ball continuously while moving using dominant and non-dominant hand. PE.2.2-P-3.3- Identify major characteristics of the basic manipulative skills of bouncing and dribbling and explain the key difference and similarities of those movements.	Second Grade: <ul style="list-style-type: none"> bounce and catch lead-in to dribble Dribble discuss fingerpad placement, push (force), body position	Second grade: Teacher observation Student Participation
Third Grade:	Third Grade: Warm Up: Scooter Triathlon	Third Grade:

<p>PE.3.2-E-4.3 - Practice skills for which improvement is needed in isolated settings.</p> <p>PE.3.6-E-2.2 Demonstrate cooperation by supporting and encouraging others of different abilities/skill levels and ethnicity.</p>	<p>Locomotor Hot Potato</p> <ul style="list-style-type: none"> jump long ropes <p>*** Focus jumping in to a turning rope</p>	<p>Teacher observation Student Participation</p>
<p>Fourth Grade:</p> <p>PE.4.1-E-1.1 - <i>[Grade Level Expectation]</i> - Demonstrate spatial awareness movement concepts for location (e.g., personal space, general space and boundaries) individual/partner, and group activities.</p>	<p>Fourth Grade:</p> <p>Warm Up: Jumping Short Ropes Scooter Triathlon</p> <p>Hand/Eye Coordination Towels and Bean Bags- Cooperation/Teamwork "Zone Soccer"</p>	<p>Fourth Grade:</p> <p>Teacher observation Student Participation</p>
<p>Fifth Grade:</p> <p>PE.5.5-E-5.2 Provide appropriate feedback on skill performance to a partner in a positive manner and apply to enhance performance.</p> <p>PE.5.6-E-2.3 -- Display a positive response to a partner or team when initially unsuccessful.</p>	<p>Fifth Grade:</p> <p>Warm Up: Jumping Short Ropes Scooter Triathlon</p> <p>"Zone Soccer" Cooperative Learning: Problem-Solving "Crossing the Mighty Mississippi"</p>	<p>Fifth Grade:</p> <p>Teacher observation Student Participation Peer checklist</p>
<p>Other:</p> <p>Winter Concert Friday, Decmeber 11</p> <p>Accommodations/Modifications/ Differential Instruction:</p> <p>Grade 3- use skilled jumpers in group pairing for peer instruction</p>		<p>Technology Integration</p> <p>Heos Speaker MacBook</p>

--	--

Standards

PE.K.1-P-2.3, PE.K.1-P-2.4, PE.K.2-P-5.1, PE.K.3-P-1.1, PE.K.6-P-1.1, PE.K.6-P-3.1, PE.K.7-P-1.1, PE.K.7-P-3.1, PE.2.1-P-2.5, PE.2.2-P-4.1, PE.2.2-P-5.1, PE.2.3-P-1.1, PE.2.3-P-2.2, PE.2.3-P-3.1, PE.2.4-P-1.1, PE.2.4-P-1.2, PE.2.4-P-2.1, PE.2.4-P-3.1, PE.2.4-P-3.2, PE.2.4-P-4.1, PE.2.4-P-4.2, PE.2.6-P-1.1, PE.2.6-P-2.1, PE.2.6-P-3.1, PE.2.7-P-2.1, PE.2.7-P-2.2, PE.2.7-P-3.1, PE.3.1-E-3.1, PE.3.4-E-1.1, PE.3.4-E-1.2, PE.3.4-E-1.3, PE.3.4-E-2.1, PE.3.4-E-3.1, PE.3.4-E-3.2, PE.3.4-E-3.3, PE.3.4-E-3.4, PE.3.5-E-1.1, PE.3.5-E-1.2, PE.3.5-E-2.1, PE.3.5-E-2.2, PE.3.5-E-2.3, PE.3.5-E-2.4, PE.3.5-E-3.1, PE.3.5-E-4.2, PE.3.5-E-4.3, PE.3.5-E-5.1, PE.3.6-E-2.1, PE.3.6-E-2.2, PE.3.6-E-3.1, PE.3.6-E-3.2, PE.3.7-E-1.1, PE.3.7-E-1.2, PE.3.7-E-2.1, PE.3.7-E-2.2, PE.3.7-E-3.1, PE.3.7-E-4.1, PE.3.7-E-5.1, PE.4.1-E-2.1, PE.4.4-E-3.2, PE.4.5-E-1.1, PE.4.5-E-2.3, PE.4.5-E-2.4, PE.4.5-E-2.5, PE.4.5-E-3.1, PE.4.5-E-3.2, PE.4.5-E-4.1, PE.4.5-E-4.2, PE.4.5-E-4.3, PE.4.5-E-5.1, PE.4.6-E-1.1, PE.4.6-E-1.2, PE.4.6-E-1.3, PE.4.6-E-2.2, PE.4.6-E-2.3, PE.4.7-E-1.1, PE.4.7-E-2.1, PE.4.7-E-3.1, PE.4.7-E-4.1, PE.4.7-E-5.1, PE.4.7-E-5.2, PE.5.3-E-3.1, PE.5.3-E-3.2, PE.5.5-E-1.1, PE.5.5-E-2.1, PE.5.5-E-4.2, PE.5.5-E-4.3, PE.5.5-E-5.1, PE.5.5-E-5.2, PE.5.5-E-5.3, PE.5.6-E-1.1, PE.5.6-E-1.3, PE.5.6-E-2.1, PE.5.6-E-2.2, PE.5.6-E-2.3, PE.5.6-E-3.2, PE.5.6-E-3.3, PE.5.7-E-1.1, PE.5.7-E-1.2, PE.5.7-E-2.2, PE.5.7-E-3.1, PE.5.7-E-5.1, PE.5.7-E-5.2