## Specialist Weekly Lesson Plan Form

| Teacher: Lori Wells | Date: August 14-18 |
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| Subject: Physical Education |  |
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| Objectives | Activities/Materials | Assessment |
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| Kindergarten <br> PE.K.1-P-1.1 - Demonstrate an awareness of personal and general space while moving in different directions. <br> PE.K.2-P-1.1 -- Identify parts of the body (e.g. head, knee, shoulder, back, elbow, hips, and ankle). PE.K.5-P-1.1 - Follow rules, directions, and procedures from the instructor with reinforcement | Kindergarten <br> Rules and Procedures <br> Personal and General Space Exploration <br> ( I See- What do you See) <br> - People to People <br> - Switcheroo <br> Bean Bag Balance <br> Bean Bag Cooperation <br> BB Shark Attack | Kindergarten: <br> Teacher Observation <br> Student Participation |
| First Grade: <br> PE.1.1-P-1.1 Demonstrate all locomotor skills (walk, run, leap, jump, hop, slide, gallop, and skip) PE.1.1-P-1.2 - Demonstrate clear contrasts between slow and fast movements traveling in different directions and in personal and general space without bumping into others or falling. | First Grade: <br> Personal and General Space Exploration <br> (I See- What do you See) <br> - People to People <br> - Switcheroo <br> Bean Bag Balance | First Grade: <br> Teacher Observation <br> Student Participation |


|  | Bean Bag Cooperation <br> Controlling an object in Space(push/pull) <br> Cars Game |  |
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| Second Grade: <br> PE.2.1-P-2.4 - Demonstrate control in traveling, weight bearing, weight transfer, and balancing activities. PE.2.1-P-3.1 - Roll a ball to a target using proper form. | Second Grade: <br> Peronal and General Space Exploration <br> Switcheroo <br> Locomotor Hot Potato/Locomotor Hoops Controlling an object in Space(push/pull) Cars Game | Second grade: <br> Teacher Observation <br> Student Participation |
| Third Grade: <br> PE.3.1-E-1.1Demonstrate and understand the spatial awareness movement concepts (e.g., personal space, general space and boundaries) in individual/partner activities <br> PE.3.1-E-2.2Demonstrate chasing, dodging and fleeing skills from an individual during low organizational games. PE.3.4-E-2.1 - ] - Participate in health-related fitness | Third Grade: <br> - Partner Tag(Controlling a Bean Bag in Personal Space <br> coconut (strategic play) <br> Musical hoops <br> High 5 partners <br> Tracking and Object Fitness Games(cardio endurance) <br> Hot Spots | Third Grade: <br> Teacher Observation <br> Student Participation |
| Fourth Grade: <br> PE.4.1-E-1.1Demonstrate and understand the spatial awareness movement concepts (e.g., personal space, general space and boundaries) in individual/partner activities <br> PE.4.1-E-2.2Demonstrate chasing, dodging and fleeing skills from an individual during low organizational games. | - Fourth Grade: <br> Partner Tag(Controlling a Bean Bag in Personal Space <br> coconut (strategic play) <br> Musical hoops | Fourth Grade: <br> Teacher Observation <br> Student Participation |



## Standards

PE.K.1-P-2.3, PE.K.1-P-2.4, PE.K.2-P-5.1, PE.K.3-P-1.1, PE.K.6-P-1.1, PE.K.6-P-3.1, PE.K.7-P-1.1, PE.K.7-P-3.1, PE.2.1-P-2.5, PE.2.2-P-4.1, PE.2.2-P-5.1, PE.2.3-P-1.1, PE.2.3-P-2.2, PE.2.3-P-3.1, PE.2.4-P-1.1, PE.2.4-P-1.2, PE.2.4-P-2.1, PE.2.4-P-3.1, PE.2.4-P-3.2, PE.2.4-P-4.1, PE.2.4-P-4.2, PE.2.6-P-1.1, PE.2.6-P-2.1, PE.2.6-P-3.1, PE.2.7-P-2.1, PE.2.7-P-2.2, PE.2.7-P-3.1, PE.3.1-E-3.1, PE.3.4-E-1.1, PE.3.4-E-1.2, PE.3.4-E-1.3, PE.3.4-E-2.1, PE.3.4-E-3.1, PE.3.4-E-3.2, PE.3.4-E3.3, PE.3.4-E-3.4, PE.3.5-E-1.1, PE.3.5-E-1.2, PE.3.5-E-2.1, PE.3.5-E-2.2, PE.3.5-E-2.3, PE.3.5-E-2.4, PE.3.5-E-3.1, PE.3.5-E-4.2, PE.3.5-E-4.3, PE.3.5-E-5.1, PE.3.6-E-2.1, PE.3.6-E-2.2, PE.3.6-E-3.1, PE.3.6-E-3.2, PE.3.7-E-1.1, PE.3.7-E-1.2, PE.3.7-E-2.1, PE.3.7-E-2.2, PE.3.7-E-3.1, PE.3.7-E-4.1, PE.3.7-E-5.1, PE.4.1-E2.1, PE.4.4-E-3.2, PE.4.5-E-1.1, PE.4.5-E-2.3, PE.4.5-E-2.4, PE.4.5-E-2.5, PE.4.5-E-3.1, PE.4.5-E-3.2, PE.4.5-E-4.1, PE.4.5-E-4.2, PE.4.5-E-4.3, PE.4.5-E-5.1,

PE.4.6-E-1.1, PE.4.6-E-1.2, PE.4.6-E-1.3, PE.4.6-E-2.2, PE.4.6-E-2.3, PE.4.7-E-1.1, PE.4.7-E-2.1, PE.4.7-E-3.1, PE.4.7-E-4.1, PE.4.7-E-5.1, PE.4.7-E-5.2, PE.5.3-E3.1, PE.5.3-E-3.2, PE.5.5-E-1.1, PE.5.5-E-2.1, PE.5.5-E-4.2, PE.5.5-E-4.3, PE.5.5-E-5.1, PE.5.5-E-5.2, PE.5.5-E-5.3, PE.5.6-E-1.1, PE.5.6-E-1.3, PE.5.6-E-2.1, PE.5.6-E-2.2, PE.5.6-E-2.3, PE.5.6-E-3.2, PE.5.6-E-3.3, PE.5.7-E-1.1, PE.5.7-E-1.2, PE.5.7-E-2.2, PE.5.7-E-3.1, PE.5.7-E-5.1, PE.5.7-E-5.2

