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|  | **Specialist Weekly Lesson Plan Form**

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| **Teacher:   Lori Wells** | **Week of: October 23- October 27** |
| **Subject: Physical Education** |   |

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| **Objectives** | **Activities/Materials** | Assessment |   |
| **PreK** | **Prek****Scooters** | **PreK** |   |
| **Kindergarten****Demonstrate an awareness of personal and general space while moving in different directions.PE.K.2-P-1.1 -] Identify levels of movement** | **Kindergarten:** **Warm Up:                                  Not in my BackyardFocus:Continue levels  of movement- Low, Medium, high using the scooters****Jump Rope for Heart** | **Kindergarten****Teacher Observation****Student Participation** |   |
| **First Grade****PE.1.1-P-3.1 - - Demonstrate the underhand and overhand throw patterns.****3-P-3 (3-P-3.2) exhibits verbal and non verbal indicators of enjoyment** | **First Grade****Warm Up: Patterns and Listen and MoveLevels of Movement: Low, medium, high****Jump Rope for Heart****nnot in my Backyard****Campbell: mini production** | **First Grade****Teacher Observation****Student ParticipationPerformance and Oral assessment** |   |
| **Second grade** **PE.2.2-P-1.2 -- Demonstrate the ability to incorporate language arts, math, social studies, and science concepts through movement activities (word analysis, math concepts such as addition and subtraction facts, science of spin, and geography)** | **Second Grade****Warm Up: locomotor go fish, not in my backyard****Striking skills using an extension-hockey****Jump Rope for Heart** | **Second grade****Teacher Observation****Student Participation** |   |
| **Third GradePE.3.4-E-1 - - Identifies several activities related to each component of skill-related fitness.****PE.3.2-E-1 - - Integrates movement concepts with other content areas (e.g., measuring distances and timing races or events).****2-E-4- concepts of efficient and effective practice****5-E-3 works cooperatively with peers and teacherPE.3.1-E-3.5 - When using catching and throwing skills, demonstrate the ability to change directions and maintain balance, while the body is in motion with an object.** | **Third Grade****Agility*** **greater than less than tag game**
* **Shuttle run relay**

**Striking with an extension*** **Individual and partner**

**Jump Rope for Heart** | **Third Grade****Teacher Observation****Student ParticipationProject EvaluationFormal assessment of reaction time** |   |
| **Fourth GradePE.4.5-E-3 - - Works cooperatively with teachers and peers to reach a common goalPE.4.5-E-4 -  - Exhibits independence and ability to succeed in groups** | **Fourth Grade****Opera****Jump Rope for Heart** | **Fourth Grade** |   |
| **Fifth GradePE.5.1-E-1.7 - Exhibit smooth transitions from locomotor to non-locomotor while combining fundamental skills and movement conceptsPE.5.1-E-3.3 -- Working with a group, demonstrate combinations of movements into sequences while using simple strategies.****PE.5.1-E-3.1 -] - Apply knowledge of selected critical elements of movement concepts while performing selected manipulative skills using strategies.** | **Fifth Grade****Continue overhead throwing****Cues:*** **Rotate hips**
* **Follow thru**

 **Muscular endurance/ Cardiorespiratory Fitness****Warm Up** * **Relay Runners**
* **Pace for jogging extended periods of time**

**Jump Rope for Heart** | **Fifth Grade****Teacher Observation****Student Participation** |   |
| **Safety/Other:****Watch for others while moving.****Keep equipment in personal space.****\*\*K- Keep partner safe on the scooter. Do not run with the scooter****\*\*\*\*some lessons are continuation from last week due to sharing sessions. This week faces some of the same issues.****JRFH Schedule:****M-Kindergarden 9:55-10:55****T-2nd 1:15-2:15****W-1st 11:55-12:55****TH-4th&5th 5th 10:55-11:55 4th 2:15-3:15****F-3rd 8:55-9:55**  | **Technology IntegrationipadmacbookHeossmart screenstop watch** |
| **Accommodations/Modifications/ Differential Instruction:****Modify activities for K/1st student with disabilities** |

StandardsPE.K.1-P-2.3, PE.K.1-P-2.4, PE.K.2-P-5.1, PE.K.3-P-1.1, PE.K.6-P-1.1, PE.K.6-P-3.1, PE.K.7-P-1.1, PE.K.7-P-3.1, PE.2.1-P-2.5, PE.2.2-P-4.1, PE.2.2-P-5.1, PE.2.3-P-1.1, PE.2.3-P-2.2, PE.2.3-P-3.1, PE.2.4-P-1.1, PE.2.4-P-1.2, PE.2.4-P-2.1, PE.2.4-P-3.1, PE.2.4-P-3.2, PE.2.4-P-4.1, PE.2.4-P-4.2, PE.2.6-P-1.1, PE.2.6-P-2.1, PE.2.6-P-3.1, PE.2.7-P-2.1, PE.2.7-P-2.2, PE.2.7-P-3.1, PE.3.1-E-3.1, PE.3.4-E-1.1, PE.3.4-E-1.2, PE.3.4-E-1.3, PE.3.4-E-2.1, PE.3.4-E-3.1, PE.3.4-E-3.2, PE.3.4-E-3.3, PE.3.4-E-3.4, PE.3.5-E-1.1, PE.3.5-E-1.2, PE.3.5-E-2.1, PE.3.5-E-2.2, PE.3.5-E-2.3, PE.3.5-E-2.4, PE.3.5-E-3.1, PE.3.5-E-4.2, PE.3.5-E-4.3, PE.3.5-E-5.1, PE.3.6-E-2.1, PE.3.6-E-2.2, PE.3.6-E-3.1, PE.3.6-E-3.2, PE.3.7-E-1.1, PE.3.7-E-1.2, PE.3.7-E-2.1, PE.3.7-E-2.2, PE.3.7-E-3.1, PE.3.7-E-4.1, PE.3.7-E-5.1, PE.4.1-E-2.1, PE.4.4-E-3.2, PE.4.5-E-1.1, PE.4.5-E-2.3, PE.4.5-E-2.4, PE.4.5-E-2.5, PE.4.5-E-3.1, PE.4.5-E-3.2, PE.4.5-E-4.1, PE.4.5-E-4.2, PE.4.5-E-4.3, PE.4.5-E-5.1, PE.4.6-E-1.1, PE.4.6-E-1.2, PE.4.6-E-1.3, PE.4.6-E-2.2, PE.4.6-E-2.3, PE.4.7-E-1.1, PE.4.7-E-2.1, PE.4.7-E-3.1, PE.4.7-E-4.1, PE.4.7-E-5.1, PE.4.7-E-5.2, PE.5.3-E-3.1, PE.5.3-E-3.2, PE.5.5-E-1.1, PE.5.5-E-2.1, PE.5.5-E-4.2, PE.5.5-E-4.3, PE.5.5-E-5.1, PE.5.5-E-5.2, PE.5.5-E-5.3, PE.5.6-E-1.1, PE.5.6-E-1.3, PE.5.6-E-2.1, PE.5.6-E-2.2, PE.5.6-E-2.3, PE.5.6-E-3.2, PE.5.6-E-3.3, PE.5.7-E-1.1, PE.5.7-E-1.2, PE.5.7-E-2.2, PE.5.7-E-3.1, PE.5.7-E-5.1, PE.5.7-E-5.2 |